

# Ashford Health and Wellbeing Board

Minutes of a Meeting of the Ashford Health and Wellbeing Board held on the **23<sup>rd</sup> March 2016.**

## **Present:**

Navin Kumta – (Chairman);

Councillor Brad Bradford, Lead Member - Highways, Wellbeing and Safety, ABC;  
Geoff Lymer - Deputy Cabinet Member for Adult Social Care and Public Health, KCC;

Simon Perks - Accountable Officer, CCG;

Neil Fisher - Head of Strategy and Planning, CCG;

Lisa Barclay - Head of Programme Delivery, Ashford CCG;

Martin Harvey - Patient Participation Representative (Lay Member for the CCG);

Deborah Smith - KCC Public Health;

Mark Lemon - Policy and Strategic Partnerships, KCC;

Sheila Davison - Head of Health, Parking & Community Safety, ABC;

Helen Anderson - Chair, Local Children's Partnership Group;

Caroline Harris - Voluntary Sector Representative;

Christina Fuller - Head of Cultural Services, ABC;

Louise Piper - East Kent Mental Health Commissioning Team;

Julie Blackmore - Acting Chief Executive, MIND;

James Walker - Operations Manager, MIND;

Daniel Carter - Principal Policy Planner, ABC;

Belinda King - Management Assistant, Health, Parking & Community Safety, ABC;

Keith Fearon – Member Services and Scrutiny Manager, ABC;

## **Also Present:**

Councillors Clokie, Galpin, Koowaree.

Annie Jeffrey - Co Chair of the Ashford Mental Health Group

## **Apologies:**

Philip Segurola - Social Services Lead, KCC; Peter Oakford – Cabinet Member, KCC.

## **1. Urgency Provision**

The Chairman advised that in accordance with Section 100B(4)(b) of the Local Government Act 1972 he had accepted the late inclusion of an item regarding details of local Health and Wellbeing Board activities associated with the promotion of healthy weight as a matter of urgency by reason of special circumstances, namely that the Action Plan needed to be returned to Kent Public Health within the next two weeks. This linked with the intention to undertake an Obesity Review as timetabled within the Kent HWB Work Programme 2016/17.

## **2. Notes of the Meeting of the Board held on the 20<sup>th</sup> January 2016**

The Board agreed that the notes were a correct record.

## **3. Ashford Health and Wellbeing Board Priorities**

- 3.1 Following the previous meeting when a list of indicators had been considered for Ashford in terms of its performance as compared to the comparator CCGs, for this region and England, it had been discussed at the Lead Officer Group where two priorities, namely smoking and obesity (adults and children) were agreed to be put forward for approval by the Board.
- 3.2 Deborah Smith advised that in both of these cases Ashford was worse than the national average and explained that a further report on this issue would be presented to the next meeting of the Board.
- 3.3 In response to a question, Deborah Smith said that the voluntary sector would have a huge contribution to play in terms of taking forward these priorities which she believed should be delivered in partnership.
- 3.4 In response to a comment, Deborah Smith also acknowledged that the public were not generally aware of the definition of obesity and the use of Body Mass Index (BMI). Caroline Harris said that if partners wished to use her as a conduit to share information with other members of the voluntary sector, she would be happy to do so.

**The Board recommended:**

- That
- (i) **smoking and obesity (adults and children) be agreed as priorities.**
  - (ii) **further reports be presented to the Board updating on progress for the priority areas.**

## **4. Ashford Healthy Weight Action Plan**

- 4.1 The report had been accepted on to the Agenda by the Chairman as a matter of urgency. The report explained that the Ashford Healthy Weight Action Plan was Ashford's local response to the Kent Healthy Weight Draft Strategy 2016-2020. The report identified local priority actions for discussion and feedback as well as an Action Plan documenting current healthy weight action by Partners. The report was an opportunity for Partners to provide support for the Ashford Healthy Weight Action Plan and, subject to any detailed feedback give authorisation to the Chairman of the Ashford HWB to present the completed Healthy Weight Action Plan i.e. the KCC template to the Kent HWB for their meeting in May 2016.
- 4.2 Deborah Smith advised that following consideration by the Board, it was hoped that the Healthy Weight Action Plan i.e. the completed KCC template could be presented to the Kent Health and Wellbeing Board and therefore if

there were any additional comments e.g. from the CCG and voluntary sector following the meeting, they should be submitted to her by 4<sup>th</sup> April 2016.

- 4.3 In response to a question, Deborah Smith explained that the data presented within the plans had been drawn from information from Public Health England. The necessary references would be included in the final document. Deborah Smith also acknowledged that reference to nutrition should be reflected in the paper and also to note that the taking of certain psychiatric medicine could lead to weight gain.

**The Board recommended:**

- That (i) **the Chairman of the Ashford HWB be authorised to present the Healthy Weight Action Plan i.e. the KCC final template to the Kent HWB subject to any further comments received from Partners by 4<sup>th</sup> April 2016.**
- (ii) **the Healthy Action Plan and KCC template be circulated electronically to all members of the Board with a request that if they have any comments on the document, that they be sent to Deborah Smith at [deborah.smith@kent.gov.uk](mailto:deborah.smith@kent.gov.uk) by 4<sup>th</sup> April 2016.**

## **5. Mental Health**

- 5.1 Prior to consideration of the presentations, Councillor Galpin asked how mental health support would be provided to vulnerable people now that the much used and popular Live it Well Centre was set to close.
- 5.2 Mark Lemon explained that the services were commissioned by KCC and that following a procurement process the new contract had been won by Shaw Trust. Shaw Trust had had discussions with MCCCH about how the facility can be developed and how support could be given to those providing services from the Centre. Reference was made to the complicated lease arrangements that existed in regard to the KCC owned building.
- 5.3 Councillor Galpin thanked Mark Lemon for the response but asked what would happen to those people who were displaced following these new arrangements. Mark Lemon undertook to raise this matter with his relevant colleagues at County Hall with a view to issuing a statement to the Board on the present situation.
- 5.4 Councillor Bradford advised that he had visited the Live it Well Centre recently and said that he understood that from next week the public would need to be registered to be able to use the facility. He believed the current arrangements, which included the provision of a good meal for a low price, was very worthwhile and he explained that users and staff were worried what would happen in the future.
- 5.5 Mr Cloughton, who was the Chairman of the Ashford Access Group expressed concern at the handling of the situation by the Kent County Council and said that representatives from the Shaw Trust had not been willing to

attend meetings of the Mental Health Action Group to discuss their proposed arrangements for the use of the premises.

- 5.6 Annie Jeffrey read a detailed statement from the Shaw Trust which other members of the Board acknowledged was in a similar format to the version they had already seen.

### **Presentations**

- 5.7 Following the meeting the presentations had been published with the Agenda for the meeting and were available on the Council's website <https://secure.ashford.gov.uk/committeesystem/ViewAgenda.aspx?MeetingId=1977>

#### **(a) Mental Health Strategy**

Louise Piper – East Kent Mental Health Commissioning Team gave a presentation on the Five Year Mental Health Strategy for East Kent. She explained that the strategy set out the East Kent Clinical Commissioning Groups priorities for improving the mental health outcomes for the adult population of East Kent in the next five years. The presentation also explained the six priority areas for change and it was noted that an online survey was running from 1<sup>st</sup> April to 31<sup>st</sup> May 2016, copies of which were available by emailing the following address:-

[ekmentalhealth.commissioning@nhs.net](mailto:ekmentalhealth.commissioning@nhs.net)

Louise Piper explained that she was scheduled to attend a number of meetings to give updates on the developing Mental Health Strategy but said that if any Partners were aware of other organisations who wished to meet with her and her team, they should contact her direct.

Following a question, and after clarification, it was noted that from 1<sup>st</sup> April 2016 a police cell was no longer considered an appropriate place to hold those experiencing a mental health crisis. Use of a police cell as a 'place of safety' for those under-18s was specifically prohibited.

Louise Piper advised that steps were being taken to identify alternative arrangements and she undertook to let members of the Board know details in due course.

Lisa Barclay commented that in terms of young people, there was a representative from the Child and Adolescent Mental Health Service (CAMHS) in all accident and emergency sites in the county. The importance of early intervention was emphasized.

Geoff Lymer commented on different approaches to mental health and outlined concerns about how support was currently provided. He undertook to make enquiries as to whether there were any examples of best practice on this issue in other parts of Europe that might be useful to the Board.

**(b) Wellbeing Café**

Julie Blackmore, the Acting Chief Executive of MIND and James Walker the Operations Manager gave a presentation on the work of the Ashford Wellbeing Café which operated from the Stour Centre. Julie Blackmore explained that the purpose of the café was to provide out of hours support to people experiencing mental health problems which did not require hospital admission and which could be supported by mental health support workers and volunteers. The report advised that to date 42 individuals had been supported who mostly attended regularly and there were an average of four new service users per week. Individuals had attended in the region of 300 occasions. Julie Blackmore further explained that currently the café was open on Friday and Saturday evenings and these two sessions a week were provided at a cost of approximately £52,000. To provide an additional session per week would cost a total of £78,000. She believed that the work undertaken by the café had helped the individuals who had attended and had also reduced the potential financial implications on service providers.

In terms of funding, Lisa Barclay advised that the CCG had identified funding for a further period of six months and she asked whether Board partners could assist in funding the café for the remainder of the year.

**(c) Other Local Voluntary Sector Projects**

Lisa Barclay explained that the CCG had funds as part of their transformation plans and intended to work with the voluntary sector on initiatives such as self-harm, providing a universal service across partners, improving crisis services; and establishing single points of access.

**Recommended:**

- That
- (i) Mark Lemon seek clarification of the services to be provided at the Live It Well Centre, information on the commissioning process, and advise as to any gaps in service provision associated with the changes. Mark to arrange for a statement to be presented to the Board.**
  - (ii) the Chief Executive of the Shaw Trust be invited to the next meeting to give an update on what would be delivered from the premises and to discuss any teething problems encountered with the new arrangements.**
  - (iii) the statement referred to in (i) above be circulated to the Board and members of the Ashford Borough Council.**
  - (iv) the Board consider that the Wellbeing Café should continue to be supported and requested the Lead Officer Group give consideration to potential funding for the remainder of the year and this be brought back to the next meeting of the Board.**

## 6. Ashford Borough Council Local Plan

6.1 Daniel Carter, Principal Policy Planner, Ashford Borough Council gave a presentation which covered:-

- Local Plan to 2030
- Infrastructure Delivery Plan
- Current Community Infrastructure Levy

Daniel Carter explained that in May 2016 the draft Local Plan would be submitted to the Council for approval following which it would be subject to an eight week consultation period. It was anticipated that the public examination would be held in late 2016, early 2017 with a view to adopting the new Local Plan by Summer 2017.

6.2 In response to a question Daniel Carter explained that the Local Planning Authority's Infrastructure Plan should inform a review of the Growth Infrastructure Plan as part of that it was essential that the future needs in Ashford were known. He also advised that provision needed to be evidenced based and Partners were encouraged to ensure that they responded to the draft Local Plan and Infrastructure Plan in due course.

**The Board noted the report.**

## 7. CCG Annual Operating Plan

7.1 Enclosed with the Agenda was a draft Annual Operating Plan detailing the commissioning intentions for the forthcoming financial year. The document was a work in progress with a final submission to NHS England due on 4<sup>th</sup> April 2016.

7.2 Neil Fisher explained that this one year operating document formed Year 3 of the Five Year Plan. He indicated that the Plan represented not a change of direction but an acceleration of pace. He explained that the gaps in the document regarding constitutional standards were still subject to discussions with providers. An update on the acute provider remaining in special measures was provided and also the financial position of the CCG was highlighted. Neil Fisher undertook to supply a copy of the latest draft as of 31<sup>st</sup> March 2016. He asked that if any Partners had comments they be sent to him direct.

**Recommended:**

- That (i) **the Board formally support the current draft of the Operating Plan.**
- (ii) **the final annual Operating Plan be shared across membership of the Board, community networks and public meetings.**

## 8. East Kent Strategy Update

- 8.1 The report advised that the East Kent Strategy Board had been established by local health and care commissioners to spearhead a new drive to determine how best to provide health and care services to the population of East Kent. The update outlined the latest developments regarding the future of local health and care services. The importance of maintaining a local focus was emphasised.
- 8.2 Simon Perks advised that in future it was anticipated that the East Kent Strategy Board would communicate with all stakeholders and would become a regular monthly feature.

**Recommended:**

- That (i) the contents of the report be noted.
- (ii) a copy of the monthly communication be forwarded to Partners and for distribution to Borough Councillors and the various Parish Councils within the area.

## **9. Kent Health and Wellbeing Board Meetings – 27<sup>th</sup> January and 16<sup>th</sup> March 2016**

- 9.1 The Agenda contained links to the full Agenda papers for the above meetings. The Chairman explained that several of the issues covered at the above meetings had also been discussed at this meeting of the Board.

## **10. Partner Updates**

- 10.1 Included with the Agenda were A4 templates submitted by Partners:-

**(a) Clinical Commissioning Group (CCG)**

Update noted.

**(b) Kent County Council (Social Services)**

Update noted.

**(c) Kent County Council (Public Health)**

Update noted.

**(d) Ashford Borough Council**

Update noted.

**(e) Voluntary Sector**

No update available.

Caroline Harris explained that a full update would be presented to the next meeting.

**(f) Healthwatch Kent**

Update noted.

**(g) Ashford Local Children's Partnership Group**

Update noted.

## **11. Forward Plan**

- 11.1 The Chairman asked that a standard item from the Local Officers Group be produced to give an update on progress on the Board's priorities.
- 11.2 In addition to the items listed for the July meeting, it was noted that the Board had agreed that the Shaw Trust should be invited to the July meeting together with an update on the possible financial support for the Wellbeing Café. It was also agreed that the Kent Joint Strategic Needs Assessment be included in the Forward Plan for October 2016.
- 11.3 It was also suggested that Jim Kelly of the Ashford Care Providers be invited to address the Board at a future meeting.

## **12. Dates of Future Meetings**

- 11.1 The next meeting would be held on 20<sup>th</sup> July 2016.
- 11.2 Subsequent dates:-
  - 19<sup>th</sup> October 2016
  - 17<sup>th</sup> January 2017

(KRF/AEH)

MINS: Ashford Health & Wellbeing Board - 23.03.16



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